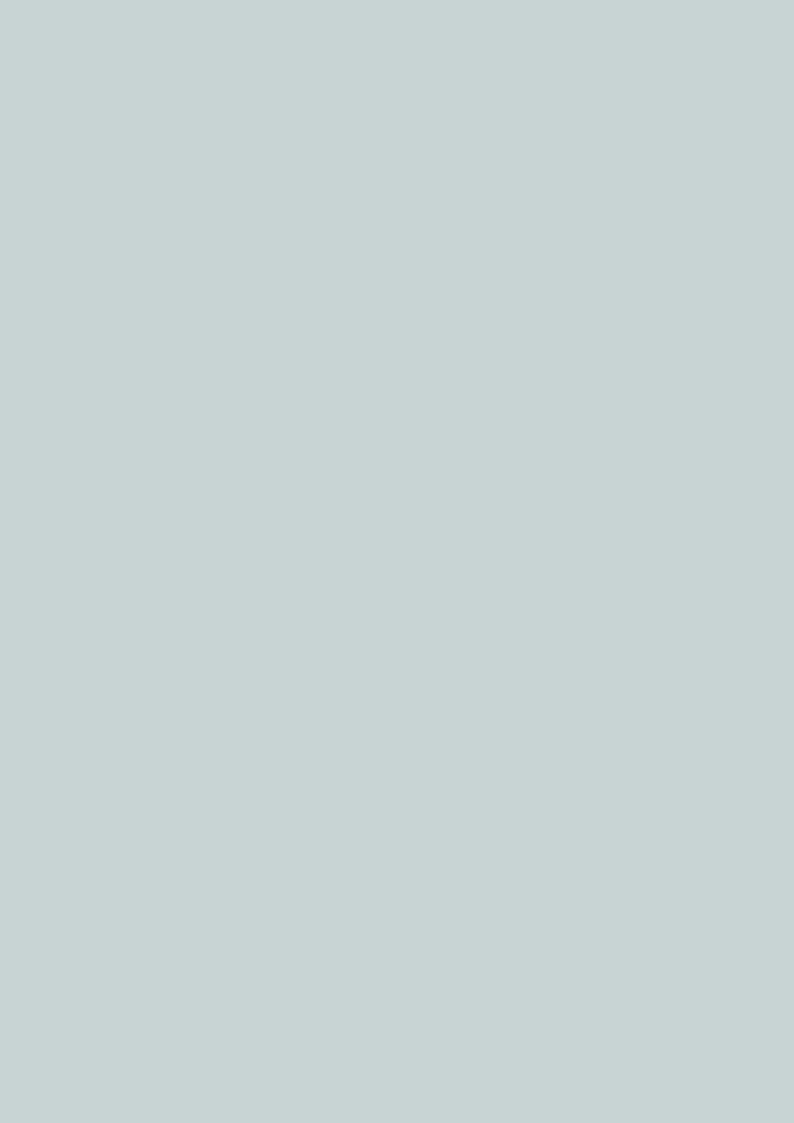


**2018 - 2025** Brazil





#### Dear Leaders of the Medical Section of the Goetheanum,

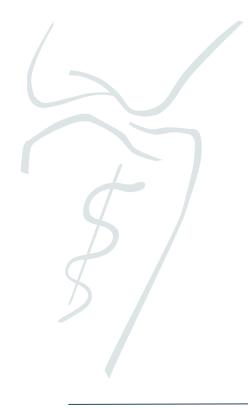
Allow a brief presentation of the **AOA** - **Association of Anthroposophical Dentistry**, which completed 6 years of activity (in BRAZIL) in September 2024.

Created in **2018**, as a non-profit association that aims to promote the study, research, dissemination and strengthening of Anthroposophical Dentistry along with other Anthroposophy initiatives (in Brazil and the world) encouraging the dental surgeon in the search for a broader view of the Human Being, strengthening himself as PICS-Integrative and Complementary Health Practice (as foreseen by the Brazilian government).

Every moment of this extraordinary journey, every step taken towards progress is the result of work, integrity, respect and commitment to our peers and partners and has been celebrated with enthusiasm and pride.

The history of the A.O.A. began considering the expanded and integral vision of Anthroposophy in human development and the need to integrate dentists with other areas of health, seeking the coherence of the multi and interdisciplinary look at the patient.

Therefore, the **2-year course in anthroposophical dentistry** was born with other health professionals based in the capital of the State of São Paulo and with a workload of 438 hours.











## During these years much has been accomplished by AOA:

- **Study group** active since the foundation of the AOA where 4 books have already been studied and always bringing guests to enhance the meeting and exchanges;
- 5 Symposia were held, three of which were international, reaching 13 countries present; On July 5th of this year, we will have our 6th edition.
- Anthroposophical Dentistry Course in partnership with ABMA-SP is in the fifth class and will start the next class in March 2026;
- Continuing Education (semester) for former student dentists who seek deepening;
- Face-to-face lectures throughout Brazil;
- **Scientific Articles:** presentation of clinical cases at the 1st International Symposium on Integrative Pediatrics.
- XIV BRAZILIAN CONGRESS of ANTHROPOSOPHICAL MEDICINE participation with a dentistry workshop from October 13 to 15, 2022;
- XV BRAZILIAN CONGRESS of ANTHROPOSOPHICAL MEDICINE participation in the clinical case discussion group from October 18 to 20, 2024.
- Social Outpatient Clinic of the Monte Azul Community Association, a partnership was signed where AOA student dentists will be part of the existing projects, bringing information and education about dentistry, promoting lectures, conversation circles and monitoring patients in a multidisciplinary way.
- Introductory discipline to Anthroposophy in the Health Area as a modality in the USP University of São Paulo update program with classes taught by AOA within the university and aimed at undergraduate and graduate students in Dentistry, dental surgeons and other professionals in the health area.

The A.O.A. is a **non-profit institution** with the mission of promoting and disseminating the studies of Anthroposophical Dentistry to all who approach it in freedom.

In its history, the AOA is reaping good fruits and sowing new and precious seeds, being supported and recognized by the Medical Section of Brazil, where we represent Anthroposophic Dentistry in Brazil. All this work has been carried out with great commitment, responsibility and dedication.

Thus, observing everything that has been accomplished throughout the biography of the AOA and aiming for an even more prosperous future for our association, we come to ask that the **Medical Section of the Goetheanum** supported by the **Medical Section of Brazil** officially recognize the work of this institution that works in favor of Anthroposophy in Brazil without violating its precepts.

This recognition will open many doors to further expand the reach of the AOA with fellow dentists who often show insecurity for not having this important and noble seal of the **Medical Section of the Goetheanum**.

We will honor this recognition and continue to work with the same seriousness and responsibility as always.

Last but not least, we emphasize the fact that with 5 YEARS of proven activities, the request for recognition with the Federal Council of Dentistry of Brazil has already been delivered (in Dec 2023), once again demonstrating that AOA respects the steps and processes of the institutions with which it relates.

We appreciate your attention by making us available for further clarification and we are waiting for the response of the Medical Section.

São Paulo - SP, BRAZIL - June 2025

#### **AOA Board of Directors**

Adriana Dell'Aquila Alexandre Rabboni Claudia de Moura Fuly Patricia M. B. Leite Renata Helena Ataulo Renata M. B. Cancian







# **FINISHED COURSES AND IN PROGRESS**







## 2019

#### **March 2019**

Anthroposophical Dentistry COURSE for dentalsurgeons - **Graduated class (completed)** 

Frequency: monthly (one weekend per month) and three intensives of 5 days each

**Duration:** 2 years | Theorethical-Practical | In person

Local: Casa Rudolf Steiner, 156 Pereira Leite Street, Sumarezinho, São Paulo, SP

#### 2020

#### August 2020

Anthroposophical Dentistry COURSE for dentalsurgeons - Graduated class (completed)

**Frequency:** monthly (one weekend per month) and three intensives of 5 days each **Duration:** 2 years | Theorethical-Practical | Hybrid teaching: in-person and online **Local:** Casa Rudolf Steiner, 156 Pereira Leite Street, Sumarezinho, São Paulo, SP

#### 2021

#### August 2021

Anthroposophical Dentistry COURSE for dentalsurgeons - Graduated class (completed)

Frequency: monthly (one weekend per month) and three intensives of 5 days each

**Duration:** 2 years | Theorethical-Practical | In person

Local: Casa Rudolf Steiner, 156 Pereira Leite Street, Sumarezinho, São Paulo, SP

#### 2022

#### August 2022

Anthroposophical Dentistry COURSE for dentalsurgeons - Graduated class (completed)

Frequency: monthly (one weekend per month) and three intensives of 5 days each

**Duration:** 2 years | Theorethical-Practical | In person

Local: Casa Rudolf Steiner, 156 Pereira Leite Street, Sumarezinho, São Paulo, SP

## 2024

#### August 2024

Anthroposophical Dentistry COURSE for dentalsurgeons - Class currently in progress

Frequency: monthly (one weekend per month) and three intensives of 5 days each

**Duration:** 2 years | Theorethical-Practical | In person

Local: Casa Rudolf Steiner, 156 Pereira Leite Street, Sumarezinho, São Paulo, SP







## 2026

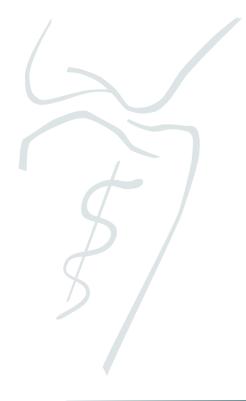
#### **March 2026**

Anthroposophical Dentistry COURSE for dentalsurgeons - Start of next class

Frequency: monthly (one weekend per month) and three intensives of 5 days each

**Duration:** 2 years | Theorethical-Practical | In person

Local: Casa Rudolf Steiner, 156 Pereira Leite Street, Sumarezinho, São Paulo, SP











CONTINUATION

## 2019

First Class:
Publicity



#### First Class: Classroom







CONTINUATION

## 2019

#### First Class:

Distancing COVID-19 online and face-to-face classes after vaccination



#### First Class:

End of course fraternization



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CONTINUATION

#### 2020

#### Second Class:

Publicity ←



#### Second Class:

Scheduled start for March 2020 and postponed COVID-19 •



We have resumed enrollment to start in August 2020.

Online classes until all students were vaccinated and face-to-face classes were gradually resumed, respecting the recommendations of the Brazilian health authorities, avoiding crowding, maintaining distance and use of masks and 70% alcohol.

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CONTINUATION

## 2021

#### Third Class:

**Publicity** 



## **Third Class:** Classroom



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CONTINUATION

## 2021

#### Third Class:

Coffee break - students and teachers



#### Third Class:

Final presentation



## Third Class:

Fraternization











CONTINUATION

## 2022

#### Fourth Class:

**Publicity** 



## **Fourth Class:** Medication class



Intensive at Centro Paulus



Coordination









CONTINUATION

## 2024

Fifth Class:

Publicity



## Fifth Class:







# Finished courses SHORT-LIVED

## 2019

#### Class:

Publicity • SESC Pompeia, São Paulo, SP



#### Class:

Photo of the poster posted at the entrance of SESC Pompeia, São Paulo, SP



#### Class:

Programming SESC Pompeia, São Paulo, SP



#### Class:

Participant class ← SESC Pompeia, São Paulo, SP



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## Finished courses SHORT-LIVED

## 2025

#### Class:

Minimeeting Weleda, São Paulo, SP



#### Class:

Course students do pharmaceutical experience at Weleda Brazil •







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# SOCIAL OUTPATIENT CLINIC OF THE MONTE AZUL COMMUNITY ASSOCIATION







## Social Outpatient Clinic of the Monte Azul Community Association

## 2025

Experience and service Monte Azul Community Association, São Paulo, SP •















# INTERDISCIPLINARY **DISCIPLINE AT** UNIVERSITY



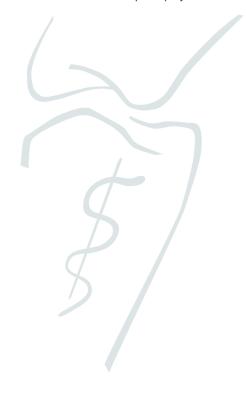
## Announcement by the **Faculty of Dentistry of the University of São Paulo - FOUSP.**

From the first semester of 2025, the Faculty of Dentistry of the University of São Paulo - FOUSP, in partnership with the AOA, will institute an unprecedented course in the Interdepartmental Disciplines sector of the Faculty of Dentistry.

The new interdisciplinary subject of Introduction to Anthroposophical Dentistry will be aimed at students who are in the last semester of their undergraduate degree in Dentistry, students on Strictu Senso or Latu Senso postgraduate courses in the health area, and dental surgeons and other health professionals.

The aim of the program is to introduce students to the fundamental concepts of anthroposophy applied to the dental field. Discussion of complementary therapeutic resources, in an interdisciplinary way, used in disease prevention and health recovery, with an emphasis on welcoming listening, contributing to the humanization of dentistry in the development of the therapeutic bond and the integration of the human being with the environment and society. This introductory course aims to introduce the basic concepts of anthroposophy in the area of health, as well as some possibilities for its application in daily practice, while respecting its scientific progress. However, broadening the vision of the conventional scientific method.

The AOA is a pioneer in offering this subject within a dental school. FOUSP is the first institution in Brazil to offer this subject within universities. A major milestone for the dissemination of anthroposophy and anthroposophical dentistry to the entire population of our country.











# **CONTINUING EDUCATION**





## Continuing education

In-depth studies with dentists who have already taken a course in anthroposophical dentistry, offering greater exchange on specific topics in semester meetings, always with the participation of invited professors from Brazil and abroad.

They take place via the Zoom platform for greater reach of colleagues who are outside São Paulo, this type of study is aimed at allowing participation dentists who have already taken the course and are already using the knowledge in their offices and clinics.

Theme: Consideration on fluoride

**Speaker:** Michael Yaari

Anthroposophical Physician

**Duration:** 3 hours



Theme: Pain under the anthroposophical gaze | Anthroposophical medication

Speaker: Erica de Souza

Anthroposophical Physician

Speaker: Sheila Krejici Pharmacist **Duration:** 3 hours



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## Continuing education

CONTINUATION

Theme: Periodontics – a vision expanded by anthroposophy

**Speaker:** Patricia Ivana Moon (Argentina)

Dental Surgeon

**Duration:** 3 hours



Theme: Anthroposophical medication and TMD

Speaker: Rodolfo Schleier

Pharmacist

**Duration:** 3 hours













# STUDY GROUP







## Study group

More than 50 meetings held so far.

Reading together anthroposophical books in the area of health, allowing the debate, resolve doubts and discussions. 3 books have been read and the 4th is in progress.

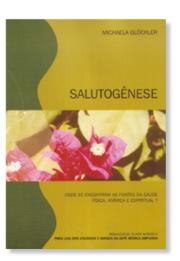
Group intended for beginner dental surgeons to arouse interest in expanding their studies, free and with free access.

These are monthly meetings that allow individual reading in advance to enrich the meeting with elucidation of doubts.

>>> With the COVID-19 pandemic, meetings have become ONLINE until today.















## Study group

CONTINUATION

#### Clínica Tobias

Dra Gudrun Burkhard (in memorian)



#### Clínica Tobias

Dr Bernardo Kaliks



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## Study group

CONTINUATION

Special visit of Elizabete Canelada - Eurythmist



#### Zoom Platform

Dra Sonia Setzer (author of the book)





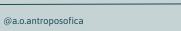






# **SYMPOSIUM AND CONGRESS**







## 2019

#### Premier Hospital - First Symposium on Anthroposophic Dentistry

**Event:** Symposium Mouth breathing: an interdisciplinary look at anthroposophical therapies,

medicine, speech therapy, dentistry and eurythmy discussing mouth breathing.

**Participation:** Event with 45 registrants **Duration:** 8am to 1pm | In person

Local: 481, Jurubatuba Avenue, São Paulo, SP

#### 2020

#### (COVID -19) - II Symposium on Anthroposophical Dentistry

**Event:** International Symposium on Anthroposophical Dentistry: Health and disease in their physical, emotional and spiritual aspects. Event with a social character – donation of income to FARMAWEGMAN Social Pharmacy.

Participation: Speakers from Brazil, Argentina, Chile, Germany - event with 80 registrants

**Duration:** 9am to 6:30pm | Online via Zoom platform with translation

#### 2021

#### **Conclave**

**Event:** Mini Conclave: A Conversation about Anthroposophical Dentistry. **Participation:** Speakers dentist, pharmacist and chemical engineer.

**Duration:** 9:30am to 1pm | Online via Zoom platform

#### 2022

#### III Symposium on Anthroposophical Dentistry

**Event:** International Symposium on Anthroposophical Dentistry.

Participation: Speakers from France, Brazil, Chile and Argentina - event with 74 registrants

**Duration:** 8am to 5:30pm | Online via Zoom platform with simultaneous translation

## 2023

#### IV Symposium on Anthroposophical Dentistry

**Event:** Symposium on Anthroposophical Dentistry: Anthroposophical dentistry in practice daily clinic. Event with a social character – income donated to Monte Azul Community Association.

Participation: Event with 10 Brazilian dentist speakers and 65 registrants

**Duration:** 9am to 4pm | Online via Zoom platform





## 2024

#### V Symposium on Anthroposophic Dentistry

**Event:** Symposium on Anthroposophical Dentistry: The role of Anthroposophical Dentistry in Human Development. Event with a social character – income donated to Monte Azul Community Association.

**Participation:** Speakers from France, Brazil, Chile and Argentina - event with 110 registrants **Duration:** 9am to 4:30pm | Online via Zoom platform with simultaneous translation

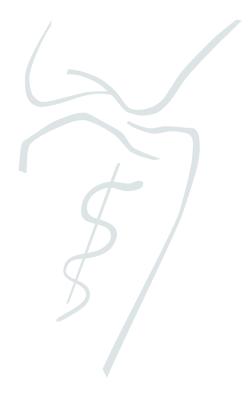
## 2025

#### VI Symposium on Anthroposophic Dentistry (will take place on July 5th)

**Event:** Symposium on Anthroposophical Dentistry: Anthroposophic Dentistry in Comprehensive Patient Care. Event with a social character – the proceeds will be donated to the Horizonte Azul Resilience School.

**Participation:** Speakers from Brazil - the event expects to have approximately 60 registered participants

**Duration:** 9am to 4:30pm | Online via Zoom platform









CONTINUATION

## 2019

Publicity



#### Event photo – Auditorium Hospital Premier











CONTINUATION

## 2020

**Publicity** 



Speakers









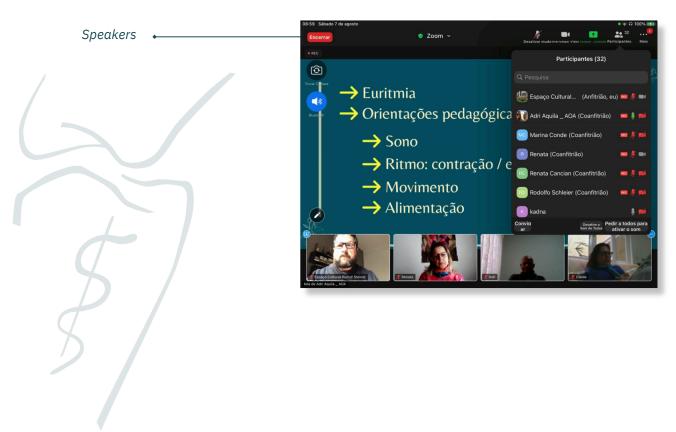
CONTINUATION

## 2021

Publicity and programming +







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**d** 



CONTINUATION

## 2022

Publicity





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## Symposium and Congress

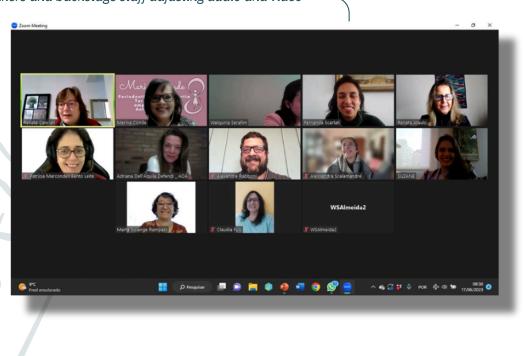
CONTINUATION

## 2023

Publicity and programming



Speakers and backstage staff adjusting audio and video •



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## Symposium and Congress

CONTINUATION

## 2024

Publicity



#### Speakers and programming











## Symposium and Congress

CONTINUATION

## 2025

Publicity



#### **Programming**











# Symposium and Congress A.O.A'S PARTICIPATION IN OTHER CONGRESSES AND SYMPOSIUMS

#### 2019

#### First International Symposium on Integrative Pediatrics

Event: Presentation of scientific panels – Adriana Dell'Aquìla

<u>Clinical Case Report 1:</u> Emergency dental care involving anthroposophical treatment in severe traumatic ulcers

Clinical Case Report 2: Dental care involving treatment anthroposophical in severe gingivitis

**Date:** November 22 and 23 | In person **Local:** Transatlantic Club, São Paulo, SP

#### 2022

#### XIV Congress of Anthroposophical Medicine

Event: Participation of the AOA as a representative entity of Anthroposophical Dentistry with the

theme The contribution of dentistry in Multidisciplinary treatment

Participation: Alexandre Rabboni, Adriana Dell'Aquila and Renata M B Cancian

**Date:** October 13 to 14 | In person **Local:** Amcham Space, São Paulo, SP

#### 2024

# Symposium - Natal Congress: The role of the Medical Section: Anthroposophical Medicine and Therapies

**Event:** Participation of the AOA with the theme *Dentistry: the mouth as a portal for impressions of* 

the world and the expression of human freedom **Date:** August 30-31 and September 01 | In person **Local:** Anthroposophical Society, São Paulo, SP

#### XV Congress of Medicine and Anthroposophical Therapies

Event: Congress promoted by ABMA Nacional and associations with the theme Shared care

**Date:** October 18 to 20 | Online via Zoom platform

## 2025

# International Annual Conference of the Medical Section: Specialist Conference Dentistry: How can we stimulate the healing forces in dental practice?

**Event:** Participation of the AOA in the lectures on the 10th with the following themes: The eruption of the primary teeth relates to the stages of small children up to the time of tooth change; Fear and trauma in dental treatment. In the view of spiritual science; Humour as a possibility of awakening healing forces. The smile that represents grace, the state of present itself. And participation of 11 AOA speakers in banners section.

Date: September 09-11 | In person

Local: Grosser Saal, Goetheanum, Switzerland



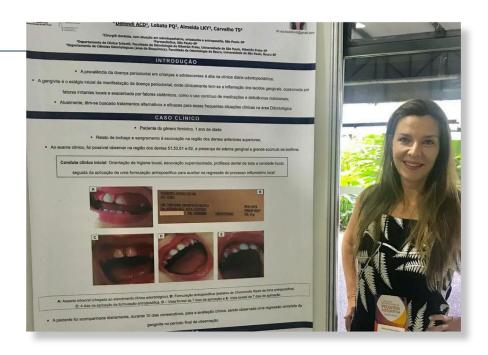


# Symposium and Congress A.O.A'S PARTICIPATION IN OTHER CONGRESSES AND SYMPOSIUMS

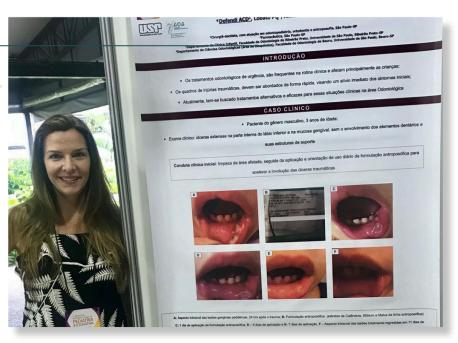
CONTINUATION

2019

Clinical Case Report •



Clinical Case Report









#### Symposium and Congress A.O.A'S PARTICIPATION IN OTHER CONGRESSES AND SYMPOSIUMS

CONTINUATION

2022

Publicity +

XIV Congresso Brasileiro de Medicina Antroposófica IX Simpósio de Terapias Antroposóficas

> **13 A 15 DE OUTUBRO DE 2022** www.xivcbma.com.br

"A CONTRIBUIÇÃO DA ODONTOLOGIA NO TRATAMENTO MULTIDISCIPLINAR"

Adriana Defendi

Alexandre Rabboni Renata Cancian





Publicity





#### Dr. Dorivaldo Duarte

Doutor em Ciências da Saúde, Departamento de Pneumologia, pela Universidade Federal de São Paulo/Escola Paulista de Medicina (2003). Mestre em Distúrbios do Desenvolvimento pela Universidade Mackenzie (1999). Residência e Especialização em Cirurgia e Traumatologia Buco-Maxilo-Facial (1995) pela Universidade Camilo Castelo Branco. Especialista em Homeopatia (1995) pela IBEHE/UNAERP, Formação em Medicina Antroposófica pela Associação Brasileira de Medicina Antroposófica (1990) e Graduação em Odontologia pela Universidade de Mogi das Cruzes (1977). Docente e assessor na coordenação do curso de Medicina da UNIDAVI (Centro Universitário para o Desenvolvimento do Alto Vale do Itajaí). Possui experiência como docente na graduação e pós-graduação em medicina, enfermagem, odontologia, farmácia e psicologia. Atua, principalmente, nas seguintes áreas: Educação Médica; Formação em Saúde; Metodologias Ativas.







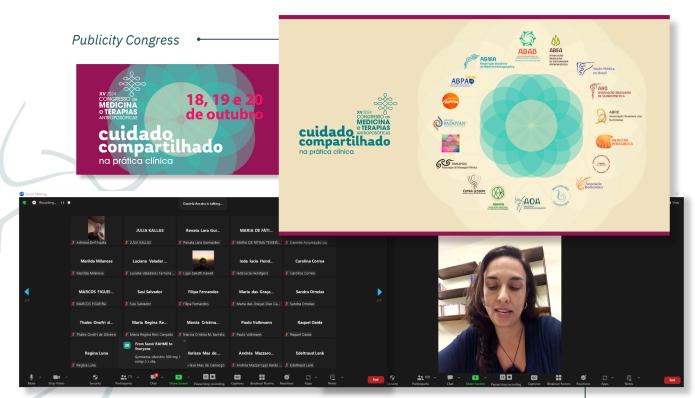
# Symposium and Congress A.O.A'S PARTICIPATION IN OTHER CONGRESSES AND SYMPOSIUMS

CONTINUATION

2024

Publicity Symposium





Adriana Dell'Aquila and Fernanda Scarlatti contributing to the Clinical Case session from the perspective of Anthroposophical Dentistry







#### Symposium and Congress A.O.A'S PARTICIPATION IN OTHER CONGRESSES AND SYMPOSIUMS

CONTINUATION

## 2025

Publicity and programming Congress .

**Specialist Conference** Dentistry

How can we stimulate the healing forces in dental practice?

15.00 Joint start of the conferences

Extending the Art of Healing Etheric Forces as Forces for the Future Specialist Dentistry 9-14 Sept. 2025 at the Goetheanum International Annual Conference

to meeting you, dentists, physicians and thera-pists, who are interested in the human gateway, the mouth, and would like to find healing paths together with us.

The organising committee, Ana María Toro (Chile), Olivier Coutris (France), Andrea Pietschmann, Inge Mittag, Hanns Martin Zimmermann (Germany) and Alessandro Vannini

of the Medical Section

- 1. Use of Ratania mouthwash in anthroposophic dentistry. Endodontics and remineralization of incipient caries lesions. Alejandra Andrade, Ana María Toro, Chile
- 2. Action of Etheric Forces in TMJ Dysfunction: Case Report, Suzane
- Anthroposophic medication designed to modulate inflammation and stimulate bone formation in oral surgeries, Alessandra Ramalho P. Machado, Brazil
- Rescue of healing forces from the treatment of TMJs temporomandibular joints, Fernanda Scarlati, Brazil Biographical Odontological Counseling: An Anthroposophic Methodology by Danielle Senff Petroni, Danielle Senff Petroni, Brazil Preventive treatment of oral mucositis in patients undergoing chemotherapy involving systemic atroposomal treatment. Vanessa Ozaki,
- Rapid palatal expansion and harmonious development of fourfold of human constitution, Janaina R.R. Lima, Brazil
- Relevance of Sjögren's Syndrome for the anthroposophical dental surgeon, Renata M B Cancian, Brazil Dental Anamnesis from an Anthroposophical Perspective. Physical, Emotional, Spiritual, Biographical aspects that interfere with the vital
- (etheric) body". Renata Helena Ataulo, Brazil 10.The Perception of Brazilian Dentists Regarding Their Patients Since the COVID-19 Pandemic: A Study to Observe Physical, Emotional, and Spiritual Aspects, Marta Solange Rampani , Brazil
- Anthroposophical Dentistry as an adjunct to Periodontal Treatment. 4-Year Follow-up. Case Report. Marina Clemente Conde, Brazil
   Clinical case of oral trauma treated with calendula , mallow, and stibium
- oitment, Adriana Defendi, Brazil 13.The Use of Salvia officinalis Gel for the Treatment of Gingivitis, Fabio Defendi, Brazil

Banners section Congress

Adriana Dell'Aquila Defendi, Renata Cancian, Alexandre Rabboni, Alessandra Ramalho, Fábio Defendi, Fernanda Scarlati, Marina Conde, Marta Rampani, Renata Ataulo, Suzane Markert and Vanessa Ozaki contributing to the lectures and banner sections with other colleagues from Anthroposophical Dentistry









# CFO ACKNOWLEDGMENT FEDERAL COUNCIL OF DENTISTRY



#### Announcement by the **Federal Council of Dentistry**.

From January 2025, AOA becomes an association recognized by the federal body that regulates dentistry in Brazil, the CFO - Federal Council of Dentistry.





Document approving AOA's registration with the Federal Council of Dentistry issued in CFO-SERESP Ordinance 848 of November 28, 2024. Notified to AOA on January 10, 2025.









# **ACKNOWLEDGMENT MEDICAL SECTION OF BRAZIL**

# Declaration of acknowledgment of the AOA by the **Medical Section of Brazil**.

From May 2025, the AOA will be an association recognized by the Medical Section of Brazil, the body that regulates Anthroposophy in Brazil, as an entity authorized to provide training courses in Anthroposophic Dentistry throughout the national territory.



Declaration of acknowledgment of the AOA by the Medical Section of Brazil. Notified to AOA on May 05, 2025.







## **AOA** Board of Directors



Adriana Dell'Aquila



Alexandre Rabboni



Claudia de Moura Fuly



Patricia M. B. Leite



Renata Helena Ataulo



Renata M. B. Cancian

#### **AOA - ASSOCIATION OF ANTHROPOSOPHICAL DENTISTRY**

contato@aoantroposofica.com.br

@a.o.antroposofica

www.aoantroposofica.com.br



